

create your own *salad* & wraps

PICK YOUR SIZE

wrap

white, wheat, spinach, tomato, or gluten free

half

whole

party

BASES

romaine

baby kale

baby spinach

mixed greens

MIXINGS

tomato
cucumber
mixed peppers
broccoli
red onion
scallion
celery
carrot
red cabbage
shoepeg corn

black bean
garbanzo bean
jalapeño
roasted garlic
roasted peppers
peperoncini
beets
kalamata olives
baby bella mushroom
hard boiled egg

edamame
granny smith apple
quinoa
cilantro lime brown rice
tri color rontini
strawberries
d'anjou pear
artichoke hearts
sun-dried tomato

CHEESES

shaved parmesan
feta

mozzarella
blue cheese

cheddar jack
goat cheese

CRUNCH/DRIED

almond
glazed pecans
candied walnuts

sunflower seeds
wonton strips
crispy onion

tortilla strips
homemade croutons
dried cranberries

PROTEINS

chicken breast
top sirloin steak
taco beef
hass avocado

smashed avocado
organic tofu
bacon
ham and turkey

salmon
chicken salad

DRESSINGS AND SAUCES

asian sesame
avocado ranch
balsamic vinaigrette
balsamic glaze
buttermilk ranch
creamy blue cheese
cucumber tzatziki
dijon honey mustard
golden italian
lavacado ranch

raspberry vinaigrette
royal caesar
spicy asian sesame
spicy thai peanut
sour cream

apple cider vinegar
balsamic vinegar
red wine vinegar
extra virgin olive oil

barbecue sauce
buffalo sauce
chili garlic sauce
sriracha
teriyaki sauce

fresh pressed lemon
fresh pressed lime

bold denotes premium items *italic denotes seasonal*

all ingredients subject to change without notice

ORDER ONLINE

www.thesaladbar.com

Saladbar

salads • soups • shakes • wraps

PICK-UP • CURBSIDE • DELIVERY